

Degree Path: B.A. in Physical Education – All Levels

College of Business and Education

Freshman Year

Fall Semester 14 hours
GES 1122 Strategies for Student Success ∞
ENG 1113 Composition and Rhetoric I ∞
MTH 1123 College Algebra ∞
HIS 1113 American History I ∞
BIB/REL/THE (Bible Core option) ∞

Spring Semester 17 hours
ENG 1123 Composition and Rhetoric II ∞
(prereq: ENG 1113)
BIO 1113 Biological Science ∞
BIO 1111 Introductory Biology Lab ∞
HIS 1123 American History II ◇
COM 1143 Fundamentals of Speech Comm. ∞
PED 1101-2291 (Activity Course option)
BIB/REL/THE (Bible Core option) ∞

Sophomore Year

Fall Semester 18 hours
ENG 2273/2233 (English option) ∞/◇
(ENG 2243, if preferred, is spring only)
(prereq: ENG 1123)
GOV 2213 National & State Government ∞
PSY 1153 Introduction to Psychology ∞
EDU 2253 Foundations of Education ∞
PED 2213 Team Sports Skills
BIB/REL/THE (Bible Core option) ∞

Spring Semester 16 hours
PED 2112 Personal and Community Health
PED 2113 Introduction to Kinesiology
PED 2223 Individual and Dual Sport Skills
PED 2232 Wellness and Lifestyle ∞
EDP 3423 Classroom Management ∞
BIB/REL/THE (Bible Core option) ∞

Junior Year

Fall Semester 18 hours
BIO 2113 Human Anatomy and Physiology I
PED 3143 Nutrition for Fitness and Sport
GOV 2333 World Political Systems ◇
EDP 3323 Research, Theory, & Practice for ELLs ∞
BIB/REL/THE (Bible Core option) ∞
BIB/REL/THE (Bible Core option) ∞

Spring Semester 16 hours
PED 3173 Management in Health and Sport
PED 2123 Coaching Theory
PED 3153 Care & Prevention of Athletic Injury
EDU 4273 Advanced Strategies for Teaching ◇
EDP 4111 Educator Assessment ∞
EDP 4623 Teaching Secondary Physical Ed

Senior Year

Fall Semester 15 hours
EDP 3433 Classroom Instruction/Assess for ELLs ◇
(prereq: EDP 3323)
EDP 4613 Teaching Elementary Physical Ed
EDU 4563 Special Issues and Populations ∞
PED 3163 Motor Development and Learning
PED 4113 Tests and Measurements

Spring Semester 12 hours
RDG 4513 Content and Disciplinary Literacy ∞
EDU 4979 Clinical Teaching All-Level ∞

Please Note:

- *This plan is one example of how to complete the degree in 4 years. It assumes no transfer credit and no developmental coursework. It will work for some, but not for all.*
- *You can meet with your scheduler, program coordinator, or department chair to plan around your circumstances and develop your personal degree path. Degree requirements and offerings are subject to change, so consult advisors for on-going updates.*
- **Course Offering Codes:**
 - ∞ every fall and spring semester
 - * only that semester in odd years
 - *** to be taken *only* in specified semester
 - ◇ every year only fall/spring/summer (as listed)
 - ** only that semester in even years
 - ∞/◇ offering differs in order listed



Your Program Coordinator:
Coach Hank Moore
Professor of Physical Education
hmoore@nelson.edu



Degree Path: B.A. in Physical Education – All Levels

College of Business and Education

OVERVIEW

The BA in Physical Education is designed to prepare students to teach in the elementary and secondary classroom in a variety of settings including public, charter, and private schools. It is also designed to create a pathway to Texas State Educator Certification. Students in the Physical Education degree program take courses designed to develop content proficiency in all areas of Physical Education and Health. The program includes extensive field experience in classrooms representing varied settings as well as a clinical teaching experience during the final semester.

CAREER OPPORTUNITIES

Graduates of the Physical Education program who have completed all program and certification requirements are qualified and certified to teach all grade levels ranging from early childhood preschool programs through High School. Additionally, graduates have additional training in the area of Health and Coaching.

PROGRAM HIGHLIGHTS

The Physical Education degree is part of the Teacher Education Program. Upon completing 60 hours of credit, students must apply to be admitted to the Teacher Education program. Program requirements are detailed in the academic catalog. Some courses in the degree plan require program approval prior to enrollment. These courses include:

- EDU 4173 Cur. Dev. & Assessment I
- EDU 4183 Cur. Dev. & Assessment II
- EDU 4563 Special Issues and Populations
- EDU 4979 Clinical Teaching

One of the highlights of our program is the opportunity for students to engage in the local school communities by completing field experience. Students visit and participate with assigned classrooms at varied grade levels and subjects in area school districts. Courses within this degree that require field experience include:

- EDU 2253 Foundations of Education
- EDU 4173 Cur. Dev. & Assessment I
- EDU 4183 Cur. Dev. & Assessment II
- EDU 4563 Special Issues and Populations
- RDG 3413 Foundations of Lit. Instruction
- RDG 3423 Reading & Writing Across Cur.
- RDG 3433 Lit. Assessment and Instruction

PROGRAM REQUIREMENTS

GENERAL EDUCATION STUDIES 58 Hours

General Education: 14 hours

- COM 1143 Fundamentals of Speech Communication
- ENG 1113 Composition and Rhetoric I
- ENG 1123 Composition and Rhetoric II
- GES 1122 Strategies for Student Success
- 3 hours from the following:
 - ENG 2273 Introduction to Literature
 - ENG 2233 American Literature through the Civil War
 - ENG 2243 American Literature after the Civil War

Social/Behavioral Sciences: 15 hours

- GOV 2213 National and State Government
- GOV 2233 World Political Systems
- HIS 1113 American History I
- HIS 1123 American History II
- PSY 1153 Introduction to Psychology

Natural Science/Mathematics: 10 hours

- BIO 1113 Biological Science
- BIO 1111 Introductory Biology Lab
- BIO 2123 Human Anatomy and Physiology I
- MTH 1123 College Algebra

Physical Education: 1 hour

- 1 hour from activity courses: PED 1101-2291

General Biblical Studies: 18 hours

- BIB 1223 The Church in Ministry and Mission
- BIB 2213 Bible Study
- REL 1133 Authentic Christianity
- REL 1173 Introduction to Biblical Literature
- THE 2113 Introduction to Theology and Apologetics
- THE 2333 Pentecostal Doctrine and History

MAJOR STUDIES 68 Hours

Core Studies: 31 hours

- PED 2112 Personal and Community Health
- PED 2113 Introduction to Kinesiology
- PED 2123 Coaching Theory
- PED 2213 Team Sport Skills
- PED 2223 Individual and dual Sport Skills
- PED 2232 Wellness and Lifestyle
- PED 3143 Nutrition for Fitness and Sport
- PED 3153 Care and Prevention of Athletic Injury
- PED 3163 Motor Development and Learning
- PED 3173 Management in Health and Sports
- PED 4113 Tests and Measurements

Combination Area: 13 hours

- EDP 3323 Research, Theory, and Practice for ELLs
- EDP 3423 Classroom Management
- EDP 3433 Classroom Instruction & Assessment ELLs
- EDP 4111 Educator Assessment
- RDG 4513 Content & Disciplinary Literacy Instruction

Professional Development: 24 hours

- EDP 4613 Teaching Elementary Physical Education
- EDP 4623 Teaching Secondary Physical Education
- EDU 2253 Foundations of Education
- EDU 4273 Advanced Strategies for Teaching
- EDU 4563 Special Issues and Populations
- EDU 4979 Clinical Teaching All-Level

TOTAL PROGRAM REQUIREMENTS 126 Hours

